

Botox Aftercare Information

- You can help activate the Botox by gently exercising the muscles that have been treated ie. frown and smile as frequently as possible.
- Some patients experience slight discomfort around the treatment area for a short time after treatment.
- Bruising can be avoided or minimised by avoiding aspirin and alcohol for 24 hours pre and post treatment.
- You may experience temporary swelling or bruising around the site of treatment. This will usually settle within a day or two. Some patients can experience a headache following treatment for which you may take paracetamol.
- The results are not permanent and the duration will differ from patient to patient.
- The treatment normally takes 4-10 days to take effect.
- Side effects, if they occur, are usually temporary and mild to moderate.

The most common reported side effects:

- Tenderness
- Bruising
- Temporary headache
- Drooping of the eye lid or brow
- Excessive watering of the eye
- Mild inflammation of the surface of the eye

Less common side effects includes:

- Inflammation of the surface of the eye
- Eversion or inversion of the eyelids
- Light sensitivity/double vision
- Dizziness, rash, tiredness
- Facial weakness/droop/asymmetry
- Allergic reaction

Should you experience any of these symptoms following treatment, please contact your practitioner.

- When you feel the muscles relaxing (4-10 days) gently massage the area with regular moisturiser twice a day.

We do hope that you are happy with your treatment. Please remember, however, the treatment will usually only last for three to four months and movement will start to return any time from 4 weeks.